

# Anneliese Charrington Gormley

## [Spoon + Hook](#)

I am the founder of Spoon + Hook – a creation of wooden wares designed from a deep love for vintage, minimalism, nature, and fine craft. For generations I have been passed family heirlooms in which they have each held a significant story about a family member, a time in my family's history, or a historical time within the world. My goal is to create pieces that can also hold significance within one's story. I believe that if we cherish what we do have and remember the tradition of storytelling that we can slowly start to cultivate a lifestyle that is deeply Fulfilling.

The world we live in today can feel fast, sometimes unauthentic, and even in some cases bewildering. It does not always have to be large steps, but simply a step to create a life in which everything feels of purpose. I believe that I can start with each morning routine, owning something of cherished as simple as a wooden spoon, supporting local artists, and stopping to appreciate handcraft again.

Growing up, I lived in a household with two older sisters. Because of this, I received many hand-me-down pieces. From there, these pieces were a blank canvas where I could create whatever I liked. I have always had and a love for creating something new from something old and I have always been passionate about woodworking.

After some major life changes, I decided to follow my dreams to their fullest and not wait any longer for them to one day fall on my door step. That is where Spoon + Hook began.

"There is something so basic, so natural in the hand, that the urge to utilize its power will always make itself felt. Moreover, the chief characteristic of handcrafts is that they maintain by their very nature a direct link to the human heart, so that the work always partakes of a human quality." — Yanagi Sōetsu

## Contact

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